

# Chimichurri Sauce

## (Fresh, Raw and Easy)

### Ingredients

1 ½ cups	Parsley finely chopped (flat or curly leaf)
4 Tablespoons	Olive Oil
1 medium	Shallot (chopped)
3 cloves	Garlic (minced)
3 Tablespoons	Lemon Juice
¼ teaspoon	Crushed Red Pepper Flakes
1 pinch	Salt & Pepper

### Instructions

1. Fold together the above ingredients. May serve immediately or let sit for enhanced flavor.
2. Gently fold in 1 medium sized cubed avocado.
3. This sauce is great on steamed vegetables, fish, steak, salad and even crackers.

