



Beware Of Toxins In Your Food

"I may not be able to stop them from spraying harmful toxins on my food, but if I am aware and pay attention, the first step is to NOT eat their food."

If food growers and manufacturers are spraying harmful toxins on my food, I want to know about it. As one person I may not be able to stop them from doing it, but if I am aware and pay attention, the first step is to NOT eat their foods.

Google the word glyphosate, there's plenty. If you don't know the background, a company in St. Louis called "Monsanto" invented the herbicide glyphosate and brought it to market under the trade name Roundup in 1974, after DDT was banned. But it wasn't until the late 1990s that the use of Roundup surged, thanks to Monsanto's ingenious marketing strategy. The strategy, genetically engineer seeds to grow food crops that could tolerate high doses of Roundup.

With the introduction of these new genetically engineered seeds, farmers could now easily control weeds on their corn, soy, cotton, canola, sugar beets and alfalfa crops, crops that thrived while the



weeds around them were wiped out by Roundup.

Eager to sell more of its flagship herbicide, Monsanto also encouraged farmers to use Roundup as a desiccant, to dry out all of their crops so they could harvest them faster. So Roundup is now routinely sprayed directly on a host of non-GMO crops, including wheat, barley, oats, canola, flax, peas, lentils, soybeans, dry beans and sugar cane.

Between 1996 - 2011, the widespread use of Roundup

Ready GMO crops increased herbicide use in the U.S. by 527 million pounds-even though Monsanto claimed its GMO crops would reduce pesticide and herbicide use.

Monsanto has falsified data on Roundup's safety, and marketed it to park departments and consumers as "environmentally friendly" and "biodegradable" to encourage its use on roadsides, playgrounds, golf courses, schoolyards, lawns and home gardens.

Over 20 years of exposure, scientists have been documenting the health consequences of Roundup and glyphosate in our food, in the water we drink, in the air we breathe and where our children play. They've found that people who are sick have higher levels of glyphosate in their bodies than healthy people.

Here's an update. According to Dr. Stephanie Seneff in a 2016 article, glyphosate is a methylation inhibiting agent. Methylation is directly related to: immune function, neurological function, cardiovascular function, respiratory function, dermatological function, gastrointestinal function, and endocrine function. In short, methylation is related to our entire body's ability to function.



Stephanie Seneff is one of my heroes. She is a senior research scientist at MIT's computer science and artificial intelligence laboratory in Cambridge, MA. Dr. Seneff proposes that low-nutrient food combined with pesticides and toxic metals play a crucial role in many modern conditions and diseases, including heart disease, diabetes, obesity, arthritis, gastrointestinal problems, Parkinson's disease, Alzheimer's disease and autism.

Monsanto, the creator and seller of glyphosate owns sealed trade secrets that show glyphosate "bioaccumulates" in all tissues. Bioaccumulation of this synthetic amino acid leads to tissue destruction at the molecular level, one cell at a time.

Dr. Don Huber has spent 55 years studying soil-borne diseases, microbial ecology, and host-parasite relationships. He says "Glyphosate is worse than DDT which has been banned in this country for 30 years.

Glyphosate is showing up in the food chain in ways nobody would have predicted. One study in 2007 found that it is present in 75% of the rain and ground water tested in Mississippi. Another study found glyphosate in breakfast cereals. So even if you are not sensitive to gluten, using foods exposed to glyphosate adds to your total toxic load.

Here's another mind grenade. 44 Parliament members in the European Union volunteered to have random urine tests to assess the danger of glyphosate entering into our food chain. These are members of what I would call the upper class. They are not on the farm or spraying their own lawns with weed

killers. The shocking finding showed urine levels 17 times higher than the amount allowed by law in drinking water. So, glyphosate is accumulating and concentrating in human biological tissue.

Due to the chemical company lobbyists in the U.S., we know that glyphosate is much more prevalent here than in Europe. So it's anybody's guess what our levels are.

Studies have graphed the rise of health conditions since the late 1990s when glyphosate was introduced. The lines of the graph rise together, more glyphosate, more disease. But here's the key thing. If you are dealing with any chronic conditions, you can start by eliminating foods sprayed with this deadly poison.

The research is real, it's not someone crying wolf or marketing scare tactics. It's REAL toxins accumulating in your tissues from the foods you eat every day. Do some research on your own and talk to your clinician about glyphosate.

This is a transcript from a "video magazine" we send out each week called the Wellness Minute, if you're not getting our Wellness Minute videos each week, sign up at the front desk