



THIS WEEK'S TOPIC

Is Your Chronic Condition Defying Treatment?

"The cause of a condition that is defying standard therapies could be something you might never suspect, a hidden infection."

Are you suffering from a chronic condition or a condition that seems to defy standard therapies? Is the cause of the condition still unclear? Maybe there's been a diagnosis but it just doesn't add up. The cause of a condition like this could be something you might never suspect, a hidden infection. This kind of infection is also known as a silent or smoldering infection.

I have a good friend who was dying of a brain tumor. The diagnosis left her with little hope. The tumor progressed until she found out she had an infected tooth from a botched root canal. Once the tooth was removed and the infection was gone, the tumor spontaneously healed and she is still alive today over 10 years later.

I was at a conference and an office manager told me how she had severe



chronic back pain for over 10 years. She had consistent chiropractic care, intense nutritional support including multiple IV nutrient treatments; you name it, she tried it. She had multiple opinions from multiple doctors, DCs and MDs alike. She even went to a rheumatologist, thinking she had rheumatoid arthritis. You get the picture; severe, intense pain for many years.

Nobody could help her find the cause of her pain. Through a dental x-ray she

found she had an infected tooth. Once it was removed all her pain, even minor knee and joint pain vanished. Interestingly, the sinus cavity over the infected tooth was also infected and was beginning to heal once the major focus of the infection was gone. Any type of infection (hidden or known) increases cytokines which increase inflammation systemically.

So the root cause of her chronic back and joint pain was the infected tooth and sinus cavity. The infection

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created a hypervigilant immune system which caused systemic inflammation and the resulting pain.

Taken a step further if the hypervigilance in the immune system affects an organ or tissue, we call that "autoimmune disease."

One way we evaluate if a patient has an overactive immune system is with a simple blood test called a CBC with differential.

Another way to find these infections is a good case history. Your clinician may gather data and specifically hunt for clues where hidden infections may be harbored. Did you have thrush as a child? Was there a history of antibiotic use, sinus infections, chronic sore throats, etc?

Wellness specialists are now discovering one key to treating any kind of autoimmunity is to find and treat the hidden infections the body is harboring. One major place to find a silent infection is the bowel by using a comprehensive stool parasitology and digestive analysis. These tests determine what is causing the body to release inflammatory cytokines. Once the source of silent infections is discovered, your wellness clinician will know which therapies to recommend.

There are completely natural and safe therapies available to restore balance in the GI

tract. Dr. Louis Boven utilizes still another system of palpating trigger points to find hidden infections. But regardless of your clinician's approach, hidden infections are an underlying source of inflammation.

Remember hidden infections create an overactive

immune system, and that overactive immune system is the cause of many chronic pain conditions. How many times have you heard of someone who is suffering with chronic pain, they have tried everything, been

to doctor after doctor, tried medication after medication but nothing seems to work?

The symptoms can be as dramatic as a brain tumor or autoimmune disease or something as common as back pain or fatigue.

But as you've heard, infections can be hiding in teeth, the GI tract, organs such as the bladder, in the urinary tract or other tissues. Add to it a poor diet and stress and it's no wonder the immune system is in crisis.

If you or someone you know suffers from an unresponsive chronic condition, there may be an answer "hiding somewhere." Talk to your Wellness professional about the possibility of a hidden infection. It's definitely worth looking into.

