



15-Day Metabolic Cleanse

"If you're looking for a starting place to get healthy, a cleanse is much gentler, certainly easier to follow, and tastes good."

Many people are looking for a simple way to get into wellness. They need a program to get started, one that's easy to follow and doesn't cost an arm and a leg. Generally, most of my patients say, they don't mind spending money to feel good as long as "what they do" will make a difference. If you can relate, let me introduce you to a new "starter" program, a 15 day metabolic cleanse.

After years of clinical feedback, Biotics Research Corporation is introducing a science based metabolic cleanse program formulated to revitalize the body's natural ability to detoxify. Biotics took six of their most effective cleansing rebuilding formulas and added them with a prebiotic blend and vegetable enzymes in a tasty, easy to use powder.

By now, almost everyone realizes we live in a toxic world: plastics, chemicals, air pollution, water pollution, the list goes on. But not everyone is ready for a full blown detox. If you're just looking for a



starting place to get healthy, a cleanse is much gentler, certainly easier to follow, and as a bonus, tastes good. The most important part is people who do the 15 day cleanse say they "feel" better.

For a revitalizing cleanse, NutriClear Plus includes nutrients targeted for digestive, gut and liver support, packaged in an easy-to-use program. How easy is it? It comes with 30 pouches and 30 packets, that's two pouches and two supplement packets per day. Mix each NutriClear Plus pouch with water or dairy free beverage, add ice and shake. Follow an

anti-inflammatory diet and drink ½ your body weight in ounces of pure water. The program is geared for 15 days although patients can continue for another 15 days.

Once you get started with "the cleanse", your wellness clinician can monitor your progress; and if needed, gather laboratory data. Even though it's called a cleanse, whenever you feed the body high quality GMO-free organic food based nutrients, your body will naturally detoxify.

The program comes with a guidebook which includes

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super easy instructions, sample menu plans, helpful tips, and even the answers to "frequently asked questions." It takes all the decision fatigue out of the picture.

Here's an overview of the program: to build systemic or foundational health we need to reduce inflammation, increase digestion, heal the gut, and assist the body to return to a state of mild alkalinity. As a reminder, minor increases in acidity or what we call "relative acidity" cause radical increases in oxidation, inflammation, mineral depletion, and the reduced ability of red blood cells to carry oxygen to distant tissue.



NutriClear Plus with the anti-inflammatory diet accomplishes all these goals in a simple tasteful way. The starting base of the product comes from a metabolic cleansing gut healing formula called NutriClear. NutriClear contains easily digested, certified organic, Non-GMO pea protein, medium chain triglycerides, added fiber, an extensive array of antioxidants and nutrients. The combination of high quality protein and micronutrients support the citric acid cycle and help convert fat and carbohydrates to energy, while maintaining muscle mass.

Added to the NutriClear base, NitroGreens, an alkalizing formula, designed to feed nitric oxide production pathways. NitroGreens comes from 100% organic whole food extracts and concentrates. Most of the ingredients are grown from heirloom seeds, enzymatically active with a high ORAC value and rich chlorophyll content. NitroGreens supports healthy immune function, and detoxification of heavy metals.

The supplement packet includes five capsules of a proprietary blend to improve biliary-liver health. Both the pouch and packet provide nutrients to support the sequestering and binding of chemicals, metals and viral byproducts. But just as important is to make sure biliary channels are opened to assure bound toxins quickly exit the body safely.

Healthy bile function is one of the best ways to discourage dysbiotic growth which causes most digestion problems, bowel irregularities, reflux, bloating, heartburn, and more. And of course if we are talking about the gut, we want to make

sure there are additional prebiotic fiber sources for the healthy bacteria to thrive and multiply.

So in summary, NutriClear Plus:

- Supports the Body's Detoxification Pathways.
- Provides Balanced Broad Spectrum Anti-Oxidants and Synergists.
- Provides Nutritional Support for Bile Production and Biliary Status.
- Supports Digestive Function.
- Provides Support for Healthy Inflammatory Processes.
- Feeds and supports gut health in multiple ways.

The NutriClear Plus 15-Day Metabolic Cleanse is not a weight loss program per se; but any time you unload cellular toxins, you feel more energetic and you lose weight. It's cost effective, easy to use and tastes great. People often do the program with their spouse, a friend or family member. Contact the wellness clinic on this page, ask about NutriClear Plus, and get started.

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